



*"Working together to grow a healthy community"*

# 2013 Annual Report

Fond du Lac County Health Department



**Public Health**  
Prevent. Promote. Protect.

*Serving our community since 1966*

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## Board of Health Members

*(back row, left to right)*

- Louise Gudex
- Dr. Warren Post, MD
- Marian Sheridan, RN
- Tom Dornbrook, County Board Supervisor

*(front row, left to right)*

- Kayla Erickson, RN
- Sherry Behnke, Board of Health Chair,  
County Board Supervisor
- John Muentner, County Board Supervisor

## Medical Advisor

- Warren Post, MD

## Health Department Management Team 2013

Health Officer.....	Kimberly Mueller
Public Health Supervisor & Communicable Disease Coordinator .....	Joyce Mann
Inspection Program/Lab Director.....	Gloria Smedema
Accreditation & Emergency Preparedness Coordinator.....	Kay Lock
Jail Health Supervisor.....	Julie Treiber
Maternal Child Health Coordinator.....	Jean Weston
Oral Health Program Coordinator.....	Samantha Twohig
Tobacco Control Coordinator.....	Sandy Bernier
WIC Director.....	Colleen Deanovich
Home Health Supervisor.....	Judy Schellinger
Support Staff Supervisor.....	Carrie Kastein

# HEALTH DEPARTMENT STAFF 2013

		Years of Service
Kimberly Mueller	Health Officer/Director	5.5
<b>PUBLIC HEALTH NURSING</b>		
Joyce Mann	Public Health Nurse Supervisor	13
Ann Hermann	Public Health Nurse (part-time)	18
Darlene Hanke	Public Health Nurse (part-time)	30
Nancy Hovland	Public Health Nurse (part-time)	40
Patty Manthey	Public Health Nurse (part time)	34
Mary Montag	Public Health Nurse (part-time)	33
Tom Olig	Public Health Nurse	19
Kathy Pauly	Public Health Nurse (part-time)	28
Ann McNamara	Public Health Nurse (part-time)	21
Diane Cappozzo	Public Health/Jail Nurse (part-time)	38
Michelle Robbins	Public Health /Jail /Home Health Nurse (part-time)	1
<b>INSPECTION PROGRAM</b>		
Gloria Smedema	Registered Sanitarian	17
Greg Freund	Inspector	14
<b>EMERGENCY PREPAREDNESS</b>		
Kay Lock	Emergency Preparedness/Accreditation Coordinator	6.5
<b>TOBACCO CONTROL PROGRAM</b>		
Sandy Bernier	Tobacco Control Coordinator	16
Julie Jorgensen	Assistant Tobacco Control Coordinator	4
<b>DENTAL PROGRAM</b>		
Samantha Twohig	Oral Health Program Coordinator	6.5
Liliana Granado	Assistant to Oral Health Coordinator/Interpreter	3.5
<b>MATERNAL CHILD HEALTH (MCH) PROGRAM</b>		
Jean Weston	MCH Coordinator/Home Health Nurse	9
Connie Atkinson	Public Health Nurse	8.5
Chantelle Cha	Public Health Nurse (part-time)	4.5
Julie Garcia	Public Health Nurse (part-time)	11
Jeanne Heller	Public Health Nurse	14
Bonnie Holmes	In-home Parent Educator (part-time)	17.5
Cindy King	Public Health Nurse (part-time)	21
Bertha Granado	Interpreter/WIC Breastfeeding Peer counselor	19
Amanda Cassidy	Public Health Nurse	< 1
<b>JAIL HEALTH</b>		
Julie Treiber	Jail Health Nurse/Coordinator	29
Barb Braun	Registered Nurse	7
Sue McManus	Jail Tech	29
Brittney Haen	Licensed Practical Nurse	1

<b>WOMEN, INFANTS, &amp; CHILDREN (WIC) PROGRAM</b>		
Colleen Deanovich	WIC Director/Nutritionist	23
Sarah Depies	Nutritionist (part-time)	5
Kathy Behlke	Nutritionist (part-time)	31
Cheryl Callis	Nutritionist/Breastfeeding Coordinator	26
Pat Marx	Health Screener (part-time)	11
Barb Roloff	Secretary	34
Sarah Shoher	Breastfeeding Peer Counselor (part-time)	5
<b>HOME HEALTH PROGRAM</b>		
Judy Schellinger	Home Health Supervisor (part-time)	25
Alexandria Schessow	Home Health/Jail Health Nurse (part-time)	1
Vicki Giebel	Home Health CNA (part-time)	14
Kathy Hamilton	Home Health CNA (part-time)	24
Julie Schmidt	Home Health CNA/Jail Tech (part-time)	25
Sally Quackenboss	Home Health CNA (part-time)	7.5
Bonnie VandeZande	Home Health PCW (part-time)	25.5
<b>SUPPORT STAFF</b>		
Carrie Kastein	Secretary/Receptionist Supervisor	25
Peggy Kuhn	Secretary/Receptionist	24
Jackie McLean	Bookkeeper	7.5
Bonnie Ponto	Secretary/Receptionist	13
Karen Stewart	Secretary/Receptionist (part-time)	39
Thelma Geidel	Secretary/Receptionist	35





# MESSAGE FROM THE HEALTH OFFICER

May, 2014

I am honored to present Fond du Lac County Health Department's 2013 Annual Report. This report reflects all the different services the public health agency engages in to carry out the 10 essential services of public health listed to the right. Our Health Department strives to fulfill the essential services as well as our mission, which is as follows: Fond du Lac County Health Department prevents disease, protects the community, and promotes healthy living for all.

In an effort to provide effective services in the most efficient and productive manner, Fond du Lac County Health Department has decided to become "Accreditation Ready." For the Health Department, this means we are taking all the necessary steps towards becoming nationally accredited. We have a goal set to apply for accreditation in 2015. Accreditation looks at leadership, strategic planning, community engagement, customer focus, workforce development, and quality improvement. We will need to commit staff and financial resources to successfully accomplish our goal to become a nationally accredited health department. Until then, the Health Department will be taking strides to improve in all aspects of our past, present, and future work.

The year of 2013 has been a year of change for the health department. Along with a new public health officer, we have been working on new and different ways of approaching problems and strategies to better the way we help our public's health. Appreciation is extended to our community, schools and allied agencies that collaborate with us to improve the health of the people of Fond du Lac County. This appreciation is also extended to the Board of Health and County Board of Supervisors. Their contributions to the health of our citizens are invaluable.

Sincerely,



Kimberly Mueller RN, MSN  
Health Officer/Director



**Public Health**  
Prevent. Promote. Protect.

## 10 Essential Services of Public Health

- ❖ Monitor health status and understand health issues facing the community.
- ❖ Protect people from health problems and health hazards.
- ❖ Give people information they need to make healthy choices.
- ❖ Engage the community to identify and solve health problems.
- ❖ Develop public health policies and plans.
- ❖ Enforce public health laws and regulations.
- ❖ Help people receive health services.
- ❖ Maintain a competent public health workforce.
- ❖ Evaluate and improve programs and interventions.
- ❖ Contribute to and apply the evidence base of public health.

# VISION & MISSION STATEMENT

## Our Vision

Fond du Lac County Health Department will be a community leader in:

- Detecting, investigating and preventing infectious disease
- Identifying health issues facing Fond du Lac County residents
- Collaborating with community partners to improve the health of all
- Connecting people to needed health resources

## Our Mission

Fond du Lac County Health Department *prevents* disease, *protects* the community, and *promotes* healthy living for all.

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### *Fond du Lac County Health Department prevents disease by...*

#### ***Providing Healthy Solutions for Everyone***

Fond du Lac County Health Department offers the preventive care needed to avoid chronic disease and to help maintain health. Public Health Nursing provides flu shots to high risk individuals and others, and helps mothers obtain prenatal care that gives their babies a healthy start. Fond du Lac County Health Department also helps provide children with immunizations, Health Check and good nutrition through WIC to help them grow and learn.

### *Fond du Lac County Health Department protects the community by...*

#### ***Protects the community from health threats, the everyday and the exceptional***

Fond du Lac County Health Department guards multiple fronts to defend you and our community from any health threat, regardless of the source, and works to prevent disease outbreaks. The Health Department's Environmental Health Specialists ensure the tap water that everyone drinks, the restaurant food everyone eats, and the air everyone breathes are safe. Public Health staff is ready to respond to health emergencies - be it bioterrorism, emerging infections, natural disasters or environmental hazards.

#### ***Protecting, Educating and Providing***

Public Health is the science of protecting and improving the health of communities through education, promotion of healthy lifestyles, and research for disease and injury prevention. Public Health focuses on improving the health of the general population (population-based) through broad-based interventions. The population-based services provided by public health departments are a major contributor to the overall improvement of a community's health status.

### *Fond du Lac County Health Department promotes healthy living by...*

#### ***Advancing Community Health***

Fond du Lac County Health Department and its governing board, the Board of Health, play a vital role in developing new policies and implementing evidence-based practices that address existing and emerging challenges to your community's health while enforcing a range of laws intended to keep everyone safe. The Health Department is constantly working to maintain its unique expertise and deliver up-to-date, cutting-edge health programs while evaluating program effectiveness. These efforts cannot be done alone, but through strong community partnerships focusing on health priorities identified in the community.

## Community Health Needs Assessment

The Fond du Lac County Community Health Needs Assessment was released in November of 2011 and identified Fond du Lac County's 4 most pressing health concerns:

1. Increasing rates of obesity and percentage overweight in children and adults
2. Access to preventative and restorative dental care for children and adults with Medicaid
3. Access to mental health services
4. Alcohol use and abuse in children and adults.

The 2011 Needs Assessment Report and the 2011 Fond du Lac County Health Priorities Survey Report is available on the county website. [www.fdlco.wi.gov](http://www.fdlco.wi.gov)

## Healthy Fond du Lac 2020 Steering Committee

A coalition of community members, including the Health Department, was formed in 2011 to develop a Fond du Lac County Community Health Improvement Plan (CHIP) with goals, measurable outcomes, and strategies to impact Fond du Lac County's 4 most pressing health concerns, guide the implementation of the plan, provide annual updates to the community on progress towards meeting the plan outcomes, and reassess health needs on a regular basis. Below are goals and objectives for each of the four pressing needs.

## Community Health Improvement Plan

### Health Priority 1: Alcohol Use and Abuse in Children and Adults

- **Objective 1:** Fond du Lac County residents 18 and older will reduce their past month consumption of 5 or more alcoholic beverages on a single occasion at least 10% by December 2016.
- **Objective 2:** Fond du Lac County residents under the age of 18 (12-17) will reduce the occurrence of having 5 or more drinks in a row over the past 30 days at least 10% by December 2016.
- **Objective 3:** Fond du Lac County residents under the age of 18 (12-17) will reduce the occurrence of alcohol consumption over the past 30 days at least 10% by December 2016.



## **Health Priority 2: Access to Preventative and Restorative Dental Care for Children and Adults with Medicaid**

- **Objective 1:** By 2015, maintain and expand the number of community water systems that adjust the fluoride concentration to a level beneficial to reduce tooth decay and promote good oral health.
- **Objective 2:** By 2015, increase the proportion of Medicaid enrollees with at least one Medicaid dental claim to 35%.
- **Objective 3:** By 2015, expand the availability of classroom and chair-side oral health education, fluoride varnishes and dental sealants to all Fond du Lac County daycares where 35% or more of children receive subsidized child care and to all Fond du Lac County schools where 35% or more of children are eligible for free and reduced lunch.

## **Health Priority 3: Access to Mental Health Services**

- **Objective 1:** Fond du Lac County residents report (County Health Rankings/National Center for Health Statistics) of number of days that, “mental health was not good” will decrease by 10% by 2015.
- **Objective 2:** Percentage of Fond du Lac County residents reporting (County Health Rankings/National Center for Health Statistics) “They never, rarely or sometimes get the social and emotional support they need,” will decrease by 10% by 2015.
- **Objective 3:** Average number of completed suicides per year will decline to 12 or fewer from 2012 - 2015.
- **Objective 4:** Average number of business days prior to first behavioral health appointment for both psychotherapy and psychiatric appointments will decrease by 20% by 2015.

## **Health Priority 4: Overweight in Children and Adults**

- **Objective 1 (Short-term):** By 2013, there will be a 50% increase in the number of food outlets that provide information on the nutritional value of the food.
- **Objective 2 (Short-term):** By 2013, there will be two communities within the county that are implementing at fidelity the Living Well Program.
- **Objective 1 (Long-term):** By 2015, decrease the number of Fond du Lac County Adults by 2% who have a BMI equal to or greater than 30%.
- **Objective 2 (Long-term):** By 2015, there will be a decrease of 10% of Fond du Lac youth in 8th, 10th and 11th grade who are classified as overweight or obese as calculated using the CDC’s body mass index (BMI).

## 2013 Highlights/Updates:

The Steering Committee met on a regular basis throughout 2013. Many great advancements have occurred throughout 2013

### Alcohol/Drug Abuse:

1. Moving the Alcohol and Drug Court forward (writing and being awarded the Drug Court Grant and the County accepting the grant).
2. Completing the Alcohol Management Toolkit for Community Events.
3. The Partnership with Law Enforcement to implement a collaborative effort of OWI (Operating While Intoxicated) Patrols.

### Dental:

1. Adult Dental Program started up in November 2013.
2. Increased outreach into the child care community.

### Mental Health:

1. Expansion of [www.csifdl.org](http://www.csifdl.org) website to better serve both consumers and professionals.
2. Communication plan created covering a wide range of wellness and behavioral health topics to be distributed via various media outlets.
3. Behavioral Health Education Coordinator position continues to be developed.
4. Victim Crisis Response team is being developed to best meet the psychological needs of crime victims in the county.
5. Mobile Crisis Team is being considered as possible enhancement of crisis services in the county.
6. Trauma informed training has been provided to a wide variety of professionals.
7. Question, Persuade and Refer (QPR) training expanded to the general public and students.
8. Training provided to employers to improve their mental health literacy.

### Obesity/Living Well:

1. Implementation of Electronic Bank Transfer (EBT) at Farmers Market brought in just over \$5,000 in addition to all cash transactions.
2. Y5210 grew from 15 classrooms to 26 classrooms plus all students at Sabish Middle School.
3. Physical activity maps were distributed to all Fond du Lac Public School students in May 2013.
4. FDL Loop project is nearly complete and kick-off event will be held in May of this year.

The Steering Committee created a website for all 4 priority areas. On this website, all meeting minutes from each priority group as well as very good information about each area. The website is [www.livingwellfdl.org](http://www.livingwellfdl.org).

The Website creation was made possible from the help of BrownBoots Interactive and Agnesian Healthcare's generous donation to cover the cost of creating the Website.

Partnering with the Community for **Better Health**

**NEW!** Important Health & Wellness Information is Only a Click Away!

The Healthy Fond du Lac County 2020 Steering Committee is proud to introduce its new Living Well Fond du Lac web site - [www.livingwellfdl.org](http://www.livingwellfdl.org) - providing up-to-date health and wellness-related information from trusted, local healthcare experts.

Navigating the maze of health and wellness topics on the Internet can be, at times, overwhelming.

How does a consumer know what to believe is true? What to do? Visit [www.livingwellfdl.org](http://www.livingwellfdl.org).

To learn more, visit [www.livingwellfdl.org](http://www.livingwellfdl.org), or call the Fond du Lac County Health Department at (920) 929-3085.

**What Does the Site Feature?**

- Important topics as weight management, dental care, mental health and alcohol abuse.
- Calendar of upcoming health and wellness-related events
- Information about Healthy Fond du Lac County 2020 initiatives
- Interactive blog spotlighting news articles of interest to the general public

**HEALTHY FOND DU LAC COUNTY 2020**  
Collaborating for a Healthier Tomorrow

## National Accreditation

*Health Department Goal – Apply or be “Accreditation Ready” in 2015. The goal of the national public health department accreditation program is to improve and protect the health of the public by advancing the quality and performance of tribal, state, local and territorial public health departments.*

### *Why Seek Accreditation?*

- Become Responsive to Change
- Shared Decision-Making
- Implement Workforce Development
- Evaluate Services and Programs
- Increase Performance Improvement
- Develop Strong Partnerships
- Potential access to new funding streams

### *In 2013, the Fond du Lac County Health Department:*

- Applied for and received the Public Health Improvement grant to be used in 2014. This grant will help us improve our advancements in Quality Improvement and Performance Management, all of which are part of our Strategic Plan goals created in 2012.
- Applied for and received the Kaizen Event Program Grant to be used in 2014. This grant will help us improve our techniques in Quality Improvement, which is part of our Strategic Plan and a step forward with Accreditation.



## ***Public Health Nursing Visits***

Public health nursing visits are made to families and individuals with chronic illnesses such as diabetes, heart disease and cancer. Referrals are accepted from healthcare providers, support agencies, families and individuals.

During the visits, residents receive health teaching, health supervision of medical conditions and referrals to other community support services. In 2013, 957 Public Health Nursing visits were provided, helping many elderly residents live independently and safely.

A nurse is contracted and provides scheduled nursing visits to residents at several of the area housing units: Rosalind, Westnor, Grand Court, and Heather Meadows.

## ***Public Health School Nursing***

The health, well-being, and safety of children in schools are priorities for the Fond du Lac County public health nurses. Healthy children are successful learners. Fond du Lac County has 15,346 students in 52 public and private schools.

Public health nurses regularly visit county parochial schools and provide yearly vision, hearing and scoliosis screenings. Additional contracted school health nursing services are provided in Oakfield and Rosendale/Brandon public schools. In these schools, the public health nurse ensures that students with significant medical issues have an individualized health plan that school staff can use to provide a safe learning environment

### **Public Health Statistics 2013**

Health Checks	38
Flu Immunizations	8,652
Tb Skin Tests	439
Blood Pressure Screening	348
School Visits	406
Jail Health Visits	10,135
HIV Testing	86
Public Health Nurse Home Visits	957

## ***Immunizations for Children & Adults***

*Goal – 90% of Fond du Lac County two year olds will have received all Advisory Committee on Immunization Practices (ACIP) recommended immunizations.*

Immunizations are one of the most important public health victories – defeating or sharply reducing disease such as smallpox, polio, measles, diphtheria, rubella, pertussis (whooping cough) and other diseases. However, many organisms that cause these diseases have not been eradicated, and they can reemerge if vaccination levels drop. Our goal as a department is to provide county residents with information needed about the recommended vaccines for their age group and personal risk factors.

### ***2013 Accomplishments***

- ✓ 71.4% of Fond du Lac County two year olds received all recommended immunization.
- ✓ 9,438 children and adults received 10,370 immunizations from the Health Department

Historically, the Health Department has provided all recommended childhood vaccines at no cost, and also offered many recommended adult vaccines at no or low cost. In October, 2012, changes in guidelines for vaccines provided by the federal government became more restrictive. Such vaccines can now only be provided to children:

- with no health insurance coverage for vaccines
- who are on Medical Assistance
- who are American Indian and Alaska Native

This change has resulted in a decline in the number of people we are able to immunize. Frequency and staffing of immunization clinics has been adjusted. Our greatest concern is that immunization rates of our children will decline. We continue to monitor our childhood immunization rates carefully, and work with our area health providers to maintain high rates of immunization.

## Immunizations provided by the Health Department

	2011	2012	2013
<b>Children 0-18</b>			
Immunizations	8,103	6,751	5,696
Clients	5,734	5,177	5,092
<b>Adults 19 +</b>			
Immunizations	5,150	5,071	4,674
Clients	4,666	4,467	4,346
<b>Total</b>			
Immunizations	13,253	11,822	10,370
Clients	10,400	9,644	9,438

\*Numbers obtained from vaccine usage reports generated in the WIR.

lead agency and is reimbursed by case initiation and hourly rates for a four county multi-jurisdiction area covering Fond du Lac, Green Lake, Calumet, and Sheboygan counties. Referrals are received on newly infected persons with HIV and also HIV clients who have recently moved into Wisconsin to assist with medical resources and notification and testing of sexual and needle sharing partners. In 2013, 10 partner services cases were initiated; this includes two newly diagnosed cases in Fond du Lac County.

## Communicable Disease Control and Prevention

Wisconsin state law requires the reporting of communicable diseases to local public health agencies by healthcare providers, hospitals and labs. The Health Department has continued enhanced surveillance for Hepatitis C and HIV through outreach to clients of drug treatment programs and high risk jail inmates.

## HIV Testing and Partner Services

Fond du Lac County Health Department is a designated HIV counseling, testing, and referral site (CTR). Funding is from the Wisconsin Division of Public Health AIDS program and reimbursement is done on a per client basis. We offer rapid tests with results in 15 minutes for individuals at risk for HIV. Positive tests are referred to HIV medical services known as Aids Resource Centers in Wisconsin (ARCW), case management, and risk reduction intervention. In 2013, 86 HIV tests were done.

The Health Department also provides HIV partner services (PS) with referrals from the Wisconsin HIV Partner Services Program. This is a comprehensive public health strategy for reducing the spread of HIV. Fond du Lac County contracts as a

Diseases	2011	2012	2013
<b>Sexually Transmitted Infections (STI):</b>			
• Chlamydia	254	281	249
• Gonorrhea	56	40	28
<b>Food /Water Borne Illness</b>			
• Campylobacter	31	38	45
• Cryptosporidium	34	32	22
• E. Coli	9	5	7
• Giardia	8	9	4
• Salmonella	17	21	16
<b>Vaccine Preventable</b>			
• Pertussis	3	125	10
• Hepatitis A	0	0	0
• Hepatitis B	2	0	3
• Hepatitis C (not vaccine preventable)	25	17	33
<b>Tuberculosis</b>			
• Latent Disease	17	8	7
• Active Disease	1	0	1



## ***Childhood Lead Testing***

*Goal – Prevent childhood lead poisoning by reducing and eliminating environmental lead exposure.*

Lead based paint and varnish still exist in many Fond du Lac homes built before 1978. There is no safe level of lead in the human body. Even very low levels of lead exposure can cause permanent brain damage and negatively affect health throughout the child's life, especially those between 6 months and 6 years of age.

Wisconsin recommends that when a child's blood lead level is 5 mcg/dL or greater: (1) the child's test be confirmed by a venous test within 1 to 3 months, (2) the child's doctor give education to parents and monitor the child's blood lead level, and (3) public health nurse provide early intervention services to the family. Public Health home visits are offered if children have a confirmed blood level of 10mcg/dl or greater.

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## ***Loan Closet***

Supportive durable medical equipment is recommended for many individual's safety. 78 Fond du Lac County residents were able to loan durable medical equipment such as walkers, wheelchairs, commodes, and bath benches on a temporary basis at no cost to them or the county in 2013.

## ***Foot Care Clinics***

For one reason or another, as we age some people are unable to safely clip their toenails. To promote good foot health, foot care clinics are offered in collaboration with our City and County Senior Centers at a reasonable cost of \$20. Nine hundred thirty three foot care visits were made to county residents by our Registered Nurses in 2013.

## **2013 Fond du Lac County Blood Lead Testing**

Children screened by Health Department	545
Children screened by Private Providers	740

Total Number of Tests Completed	1,285
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Screened Results	5 – 10 mcg/dL	52
Screened Results	10 – 15 mcg/dL	3
Confirmed Results	10 – 15 mcg/dL	3
Confirmed Results	15 – 20 mcg/dL	1
Confirmed Results	>20+ mcg/dL	4

PH home visit for education	5
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Home Investigation Inspections	7
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# EMERGENCY PREPAREDNESS

*Goal – County is prepared to respond to all emergencies with a detailed plan of action and a system of **communication** with **community responders**. This response includes **detecting** disease outbreaks; **investigating** to determine what the risks are to the public and who may have been exposed; **informing** the public and professionals of the specific disease threats and how to **protect** themselves and others; managing infected persons; **isolating or quarantining** affected individuals as appropriate; providing **medications or vaccinations** to people at risk in the population.*

In 2013, emergency preparedness activities included:

- Worked to close gaps in Emergency Operations Coordination, Public Information and Warning, and Information Sharing.
- Identified necessary trainings, and resources to close the gaps in Community Preparedness, Fatality Management, Responder Health and Safety.
- Received two scholarships to attend the 2013 Emergency Preparedness National Summit.
- Continued to bring together community partners for Extreme Heat planning and planning for those with functional needs.
- Actively involved in our LEPC to promote hazardous chemical awareness and response to incidents.
- Outreach through community wide events in collaboration with stakeholders—provided resources at the Home & Sports Extravaganza, Agriculture Show, National Night Out and Fondue Fest .

2013 exercises and planning focused on communication and medicine distribution.

- Regional table top exercise focusing on response and communications between healthcare agencies during a mass power outage; and a local water safety table top exercise.
- Full scale exercise involved collaboration with area schools to provide school aged children with the influenza vaccine.



Pictured: Kay Lock,  
Emergency Preparedness  
Coordinator

## Dental Program – Save a Smile

*Goal – Through community-driven partnerships and collaborations, increase dental care access and improve the oral health of children and adults in our community.*

Save a Smile (SAS) is a successful, one-of-a-kind program for residents of Fond du Lac County with Medical Assistance insurance. SAS provides access to ongoing preventive and restorative dental care to patients 18 years and younger and starting in 2012, care for adults with urgent dental needs.

Started in 2007, utilizing local dental providers contracted with the Fond du Lac County Health Department, dental care is provided by the dentists in their own offices. Patients are initially enrolled, assessed, given patient education and referred to an appropriate dental provider by the Oral Health Program Coordinator, a registered dental hygienist.

### Program Funding Sources

- Fond du Lac County
- Medical Assistance
- Agnesian Healthcare Foundation
- United Way
- City of FDL – Redevelopment Authority
- Soroptimist International of FDL
- Fond du Lac Area Foundation
- Local Dental Providers



Fluoride Varnish Program in Ripon Elementary School

### Additional Accomplishments

- 907 Head Start and WIC children received oral health education, oral health assessments and fluoride varnish treatments.
- 93 students from Ripon Barlow elementary participated in a school-based dental fluoride varnish program.
- 45 children from a local daycare received oral health education, oral health assessments and fluoride varnish treatments.
- 427 Children participated in a school-based fluoride mouth rinse program.
- 116 children received donated services from 14 dental providers through the annual Give Kids a Smile Day.

Save a Smile Progress						
	2008	2009	2010	2011	2012	2013
<b>CHILDREN</b>						
Children Enrolled	484	640	1025	1216	1450	1279
Office Visits	764	906	1695	2050	1972	1527
Missed Appointments	1% (10)	<1% (7)	1% (18)	<1% (13)	2% (21)	1% (17)
Waiting List	206	150	0	300	350	325
Participating Dentists	39	39	39	42	40	38
Restorative Cost	\$19,135	\$13,008	\$19,087	\$20,091	\$16,009	\$14,279
Preventative Work	\$9,241	\$7,092	\$19,809	\$24,863	\$21,689	\$18,434
<b>ADULTS</b>						
Adults Referred	-	-	62	57	129	291
Office Visits	-	-	74	80	186	362

\*\*90% of local dental providers are contracted providers and no referrals made to out of county.





## Maternal Child Health

The Maternal Child Health (MCH) program participated in two initiatives in 2013: Wisconsin Healthiest Families Initiative (WHFI) and Keeping Kids Alive (KKA). The WHFI focuses on networks of services addressing four areas of focus: family supports, child development, mental health and safety and injury prevention. The MCH program has chosen to focus on mental health, working with numerous community partners through the Fond du Lac County Community Partnership for Young Children (SPROUT) coalition. Their vision is for every Fond du Lac County child to have his/her social and emotional developmental needs met within the context of family, culture, education and community. A developmental screening site was established at the WIC office, which offers the Ages & Stages Questionnaires for parents to complete depending the age of their child. The questionnaires are scored and follow-up is provided as needed. 28 developmental screens were completed since the initiation of the screening site in July 2013.

The KKA initiative focuses on Child Death Review (CDR) leading to recommendations for prevention strategies. The MCH program coordinates the CDR team whose members include law enforcement, medical examiner, social services, fire department, health care, school district, human services and legal representatives. The team meets quarterly, reviewing child deaths in the county, identifying circumstances, and risk factors in order to make preventative recommendations with the goal of preventing future child deaths.

The MCH program continues its collaboration with Saint Vincent DePaul Society of Fond du Lac to provide cribs for infants who do not have a safe place to sleep. A nurse makes a home visit to assess the sleeping environment and provide a voucher for a Pack N Play crib, along with education on safe sleep practices. A total of 10 cribs were distributed through this partnership in 2013.

The MCH Department is a First Breath provider. This is a Wisconsin Women's Health Foundation (WWHF) program which helps pregnant women stop smoking. There were 6 women enrolled in this program in 2013.

Women who are pregnant or have a baby under one year of age are eligible to have their well water tested at no charge. There were 27 fee-exempt water tests performed in 2013.



Pictured left to right: Diane Fett, Birth to 3 Director/Coordinator, Colleen Deanovich, WIC Director, & Jean Weston, MCH Coordinator

## ***Prenatal & Postnatal Care***

The MCH program provides Prenatal Care Coordination (PNCC) to Medicaid-eligible pregnant women with a high risk for adverse pregnancy outcomes, helping them gain access to medical, social, educational and other services related to the pregnancy. Services include outreach, physical and emotional assessments, care plan development, ongoing care coordination and monitoring, health education and nutritional counseling. PNCC services are available during pregnancy through the first 60 days following delivery. A total of 624 Prenatal Care Coordination visits were provided to 121 pregnant women in 2013.

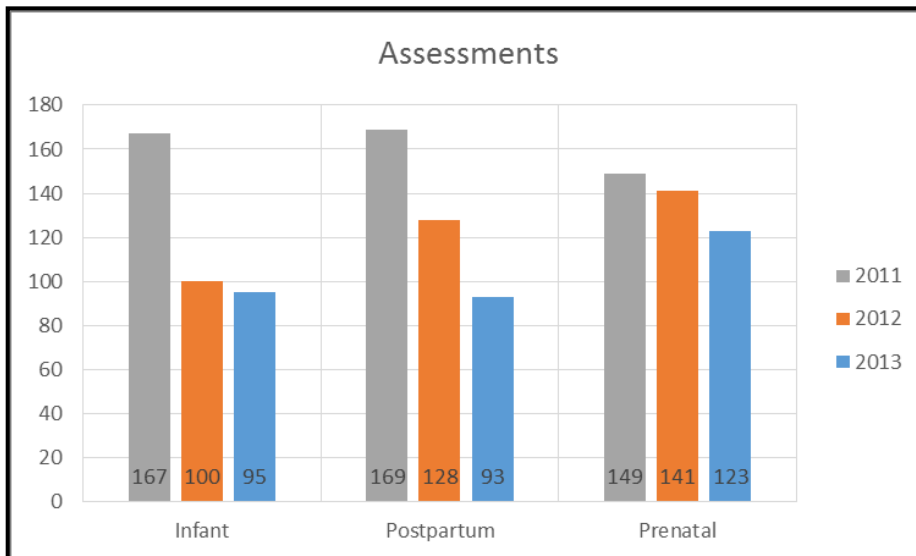
The MCH program also provides free postpartum home visits to women not enrolled in PNCC. New moms receive education on reproductive health and newborn care, child development, parenting and community resources, and baby weight checks are provided. A total of 28 MCH postpartum visits were provided in 2013.

## ***Promoting Opportunities to Care and Nurture (POCAN)***

### *Goals:*

- *To provide information and referrals which link families to appropriate and accessible community resources.*
- *To increase parental knowledge about child growth and development and child management techniques.*
- *To build family support and cohesion.*
- *To enhance parent-child relationships.*
- *To promote healthy lifestyles.*
- *To support families in their caregiving and decision-making roles.*

POCAN (Promoting Opportunities to Care and Nurture) is a home visitation program for first time mothers whose child is 0-3 years and eligible for Medicaid. The program is designed to strengthen families and enhance child and family development. It also enables parents to make better use of community resources. Services provide opportunities which stimulate and support parents in the care and nurturing of their children. In 2013, 29 children and their parents were enrolled in POCAN.



\*Chart depicts number of infant, postpartum, and prenatal assessments completed in 2013.



## Women, Infants, & Children

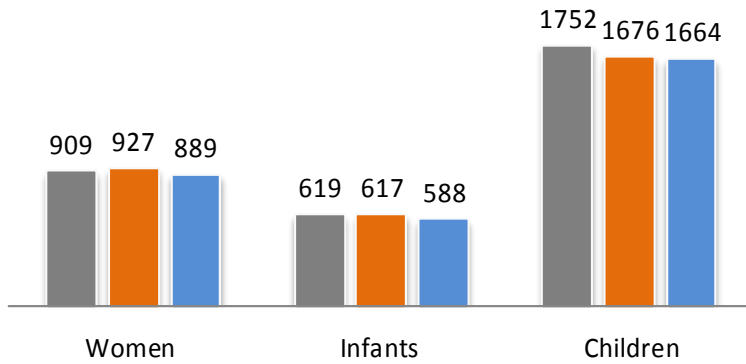
*Goal – Improve the nutritional status of low income pregnant women and children under the age of 5 to improve overall health status.*

## Breastfeeding Peer Counseling

*Goal – All women both pregnant and breastfeeding will have access to support from a breastfeeding peer counselor.*

### WIC Caseload

■ 2011 ■ 2012 ■ 2013



Women, Infants, and Children (WIC) is the Special Supplemental Nutrition Program for Women, Infants, and Children, providing nutrition, education and healthy food for income eligible families.

In 2013 the Fond du Lac County WIC program:

- Served 3,141 individuals in 2013, averaging a caseload of 1,880 active participants per month.
- WIC vouchers totaling \$1,316,361 were cashed at 15 Fond du Lac County grocery stores and pharmacies. \$7,259 was spent at farmer's markets and farm stands.
- 74% of mothers on WIC initiated breastfeeding, an increase from 71% in 2012.
- 38% of infants were breastfed until 6 months of age, an increase from 34% in 2012. This is above the state average of 30%.

WIC remains committed to improving breastfeeding rates. WIC has two part time breastfeeding Peer Counselors, one who is Spanish speaking. Counselors provide mom-to-mom support through phone calls, home and hospital visits. The peer counselors are available night and week-ends so women have support when they need it. All breastfeeding women routinely receive contact from a breastfeeding peer counselor with 52% receiving direct services.



## Human Health Hazards

Fond du Lac County Health and Code Enforcement Departments continue to collaborate in areas of Human Health Hazards. Most investigations are conducted by Code Enforcement staff in response to complaints or other reported observations. If a human health hazard is found the Health Department, Code Enforcement and Corporation Counsel work with the owner to ensure safe removal (abatement) of the hazard.

During 2013 there were 57 mold inspections conducted; this includes new investigations and follow-up visits. These inspections resulted in the issuance of 27 Human Health Hazard Abatement Orders.

## Water Quality

Home owners and renters are encouraged to have their private well water checked annually for the presence of bacteria and nitrates. Safe, clean water is one of the most important components in our lives. Municipal water systems are tested regularly to ensure safe water is provided, but it's up to individuals who drink from private wells to test their well water. A State Certified Safe Drinking Water Lab maintained by Health Dept staff offers the opportunity for bacteria and nitrate analysis.

During 2013 the Health Dept. Lab

- Received 290 private well water samples for bacteria analysis.
- 42 samples (23%) resulted in "Unsafe" analysis meaning coliform bacteria was present in the sample and this source was "Unsafe" for drinking.
- 104 samples were analyzed for nitrate.
- 8 samples (8%) had elevated nitrate levels.

143 Transient Non-Community well water samples were analyzed for bacteria and nitrates in conjunction with the WI DNR Transient Non-Community Well Program. These are wells which provide water to 25 or more people for at least 60 days/year and would include wells at restaurants, taverns, and churches.

## Inspection Program

As Agent for the Wisconsin Division of Health Services and Wisconsin Department of Agriculture, the Inspection Dept. is required to inspect, enforce and license the following facilities:

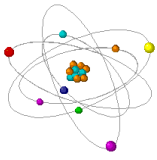
- Campgrounds
- Food (Restaurants & Retail Food Stores)
- Lodging (Hotels, Motels, Tourist Rooming Houses, and Bed & Breakfasts)
- Public Swimming Facilities
- Tattoo and Body Piercing
- Temporary (Food & Camping)
- School Lunch Programs

	Licensed Establishments	2010 -11	2011 -12	2012 -13
	Restaurants	355	370	343
	Taverns-No Food	10	10	8
	Retail Food	142	141	137
	Temporary Restaurants	50	45	39
	Lodging	36	35	31
	Camps	14	14	14
	Pools	50	50	50
	Tattoo/Body Piercing	7	7	9
	Schools	35	35	16

In 2013:

- ✓ 732 routine inspections were conducted
- ✓ 104 pre-inspections were provided
- ✓ 25 complaints were investigated
- ✓ Worked with organizers of temporary events such as the County Fair, Taste of Fond du Lac, Walleye Weekend, and Farmer's Markets to encourage safe food handling practices.

## *East Central Radon Information Center*



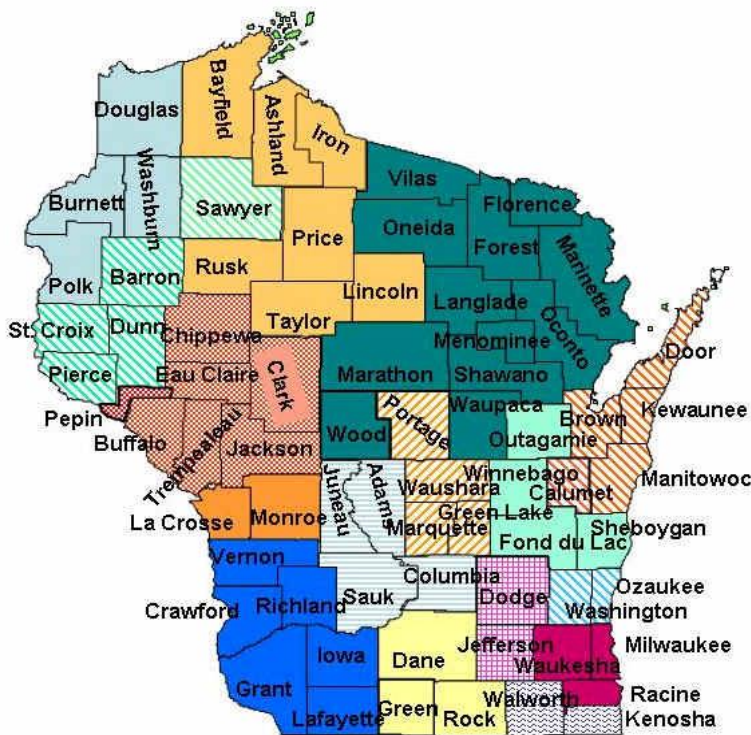
Fond du Lac County Health Dept. serves as a Radon Information Center (RIC) for Winnebago, Outagamie, Sheboygan and Fond du Lac county residents. Homeowners and renters are encouraged to test their

homes for radon an odorless, tasteless, invisible gas produced by the decay of naturally occurring uranium in soil and water. Radon can cause cancer and the EPA estimates 20,000 lung cancer deaths each year in the U.S. are radon-related. Exposure to radon is the second leading cause of lung cancer after smoking.

Testing a home for radon is the only way to know if the home has an elevated level of radon. The Health Department and UW Extension staff work together with homeowners, home builders, realtors and others to answer questions, share technical advice and educate regarding radon.

### *2013 Activities*

- Radon displays at community events, libraries, government center lobby
- Rent Smart Classes
- ADVOCAP Fresh Start classes
- Home and Garden Show seminars
- Parade of Homes displays
- Local municipal offices provided short term kits to local residents
- Long-term and short-term radon test kits are available at the Health Department
- Information was provided via brochures, emails and phone calls to many homeowners, renters, home buyers/sellers, realtors and builders
- 382 Radon test kits sold



*\*\*Residents of Fond du Lac, Outagamie, Sheboygan, and Winnebago County can contact Fond du Lac County Health Department for Radon information.*

## Five Counties for Tobacco-Free Living Tobacco Prevention and Control

*Mission – Creating nicotine and tobacco-free environments in which we live, work, and play while promoting healthy lifestyles through education, advocacy, policy, and helping people quit tobacco.*

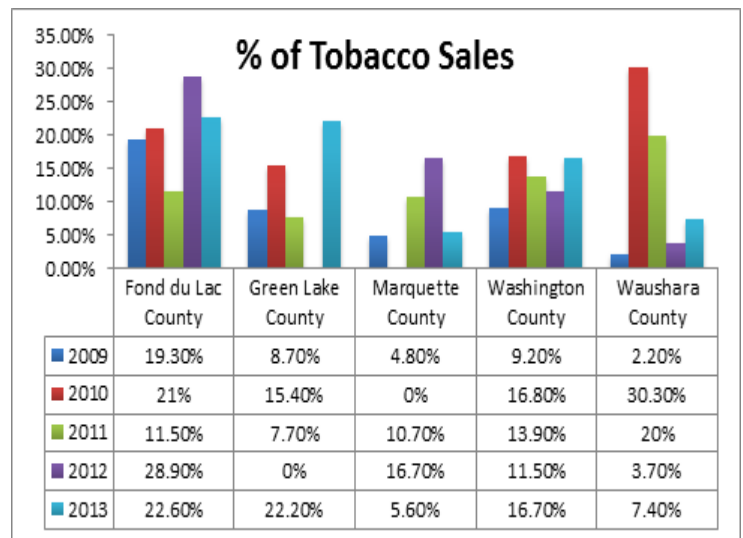
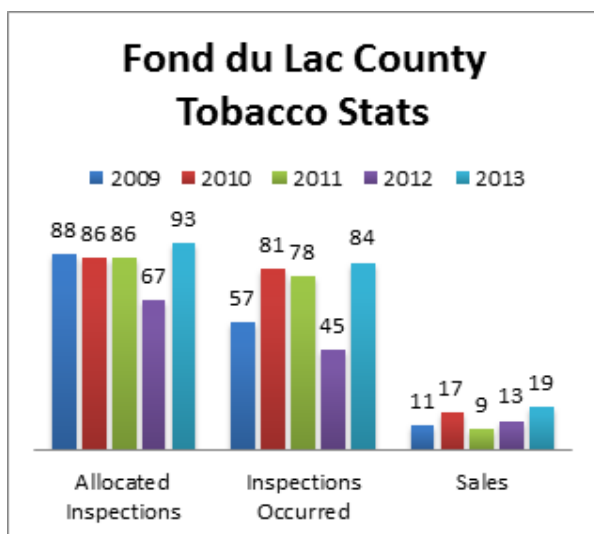
- ✓ Prevents youth from starting
- ✓ Reduces exposure to secondhand smoke
- ✓ Tackles health disparities
- ✓ Helps people quit tobacco

### *It's Still an Uphill Battle:*

- Tobacco is the single leading preventable cause of death in the United States killing over 443,000 people each year, that is more people than motor vehicle accidents, suicide, homicide, and HIV combined.
- In 2007, estimated health care costs of cigarette smoking were approximately \$498 for every man, woman and child in Fond du Lac County. (Burden of Tobacco 3/2010)
- New products lure new customers every year to start smoking and or use smokeless tobacco.

### *Tobacco Prevention Pays for Itself:*

- Each dollar invested in tobacco prevention saves \$3.60 in tobacco-caused healthcare costs.
- Every smoker who quits saves the state of Wisconsin over \$1,600 in medical and other healthcare costs.



### **Tobacco Retailer Compliance Checks**

There were 84 Tobacco Retailer compliance checks completed in 2013, with 19 sales of tobacco to minors. This represents a rate of 22.6%.

Resources and technical support were provided to all five counties (Fond du Lac, Green Lake, Marquette, Washington, and Waushara) to aid in their tobacco retailer compliance checks.

### **Clean Indoor Air Initiatives**

Support was provided to all five counties law enforcement agencies regarding compliance with the Wisconsin statewide smoke-free air law.

- 10 complaints were filed in 2013, from the following counties: Fond du Lac (3) Marquette (5), Washington County (2)
- Technical support and resources regarding the statewide smoke-free air law and updated information about tobacco products other than cigarettes were provided to law enforcement in all five counties.
- Thirty-eight community members signed in support of tobacco prevention and control programs for youth.



## ***Transform WI Tobacco Impact Grant:***

Five Counties for Tobacco-Free Living was one of 8 coalitions awarded a competitive three year grant to promote and support voluntary smoke-free housing in Fond du Lac County, and increasing communities understanding of tobacco products other than cigarettes.

A new partnership was developed with the Boys and Girls Club to assist with community education and identifying new coalition partnerships.

A multi-unit housing assessment was completed, with outreach beginning in 2013 to owners/managers.

A website was developed that includes resources on tobacco prevention for youth, smoke-free housing, reducing asthma triggers in the home, upcoming events, cessation resources and more. Visit the website at [www.tobaccofreelivingfdl.com](http://www.tobaccofreelivingfdl.com).

FREE resources for owners/managers interested in implementing smoke-free housing policy are available.

## **Tobacco Environmental Scans**

Partnering with Boys and Girls Club and Fond du Lac FACT, youth from both groups, supervised by adults, visited tobacco retailers in Fond du Lac and Ripon to document tobacco product placement and advertising. 48 tobacco retailers were visited. Youth found cigars marketed near kid friendly items along with tobacco advertising at many of the retailers.

Here is an example of what they saw:



## ***FACT-Youth Tobacco Prevention Volunteers***

FACT groups are active in 8 middle and high schools in Fond du Lac and North Fond du Lac. Resources are provided to all five counties to support youth activities in their communities. The following are some of the activities completed by Fond du Lac FACT:

- Two FACT members in Fond du Lac County were chosen to serve on the FACT State Board of 16 members. One is a returning board member and one is new to the board.
- 42 new FACT members were recruited in 2013.
- Attended and presented at the Annual Tobacco Prevention and Control Legislative Breakfast
- Met with local legislators to educate them about new tobacco products.
- Educated peers and the community throughout the year about the new tobacco products, and product ingredients.
- Created and implemented activities during the following national campaigns: Kick Butts Day, World No Tobacco Day, and the Great American Smokeout.



*FACT members at Legislative Breakfast 2013*



## ***Fond du Lac County Asthma Coalition***

*Goal – Decrease the burden of asthma in Fond du Lac County.*

The Fond du Lac County Health Department is the fiscal agent for the Fond du Lac County Asthma Coalition. Below are the objectives for 2013-2014:

- Update asthma trigger home walkthrough resources on the [www.tobaccofreelivingfdl.com](http://www.tobaccofreelivingfdl.com) website.
- Developed an outreach plan to identify additional in-home service providers in Fond du Lac County.
- Update and improve Asthma Trigger Home Walk-through Workshop.
- Developing an on-line training video for agencies and organizations with Certificate of Completion.
- Contract with Fond du Lac County Health Department MCH staff and Fond du Lac ADVOCAP Head Start to complete home trigger walk-through assessment to decrease asthma triggers in the homes of their clients.

# HOME HEALTH SERVICES

## Home Health

*Goal – Regain patients' health status and optimal independence through nursing rehabilitative services or in the case of long-term health problems to maintain their existing level of functioning.*

Fond du Lac County operated as a Medicare/Medicaid certified agency offering skilled Registered Nurse, Home Health Aide, Physical Therapy, Occupational Therapy and Speech Therapy services in a home setting on a part-time, intermittent basis.

On June 14, 2013, home health services provided to Fond du Lac County residents ended. The decision was based on the demand, need and availability of services provided in the private sector. All patients on caseload were safely placed with other home health agencies in the Fond du Lac Area.

## Personal Care

*Goal – Prevent premature placement in an assisted living or nursing home facility.*

Fond du Lac County operated as a Medicaid-certified personal care agency in Fond du Lac County providing assistance with activities of daily living such as bathing, transferring, toileting, meal preparation, and laundry.

The Personal Care Program is supported through financial support of the Visiting Nurses Board, patient donations, and Fond du Lac County.

On June 14, 2013, personal care services provided to Fond du Lac County residents ended. The decision was based on the demand and availability of services provided in the private sector. All 20 patients on caseload were placed with other personal care agencies in Fond du Lac County without difficulty.



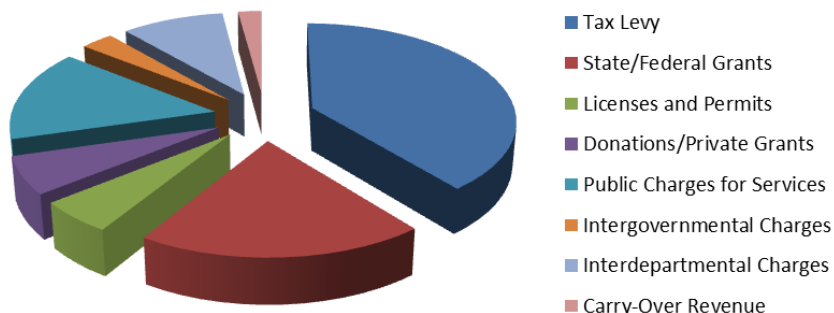
Pictured in back row from left to right: Bonnie VandeZande, Vicki Geibel, Kathy Hamilton. Front row from left to right: Sally Quackenboss, Julie Schmidt, Alex Schessow.

# BUDGET SUMMARY

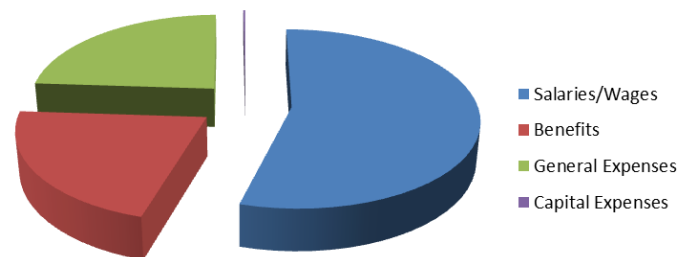
	2012 Actual	2013 Actual	2013 Budget
<b>REVENUE</b>			
Tax Levy	\$1,371,461	\$1,404,885	\$1,404,885
State/Federal Grants	721,120	710,435	687,437
Licenses and Permits	184,079	192,178	187,000
Donations/Private Grants	53,358	223,395	222,845
Public Charges for Services	781,153	543,164	763,350
Intergovernmental Charges	85,919	107,366	86,734
Interdepartmental Charges	365,152	333,094	341,050
Carry-Over Revenue	127,793	76,263	76,263
Total Revenues	\$3,690,036	\$3,590,780	\$3,769,564
<b>EXPENDITURES</b>			
Salaries/Wages	\$1,960,364	\$1,848,537	\$1,951,038
Benefits	791,677	732,380	768,460
General Expenses	893,872	807,771	1,041,525
Capital Expenses	9,823	6,233	8,541
Total Expenses	\$3,655,736	\$3,394,921	\$3,769,564

*\*\*Reflection of all program areas, numbers rounded to the nearest dollar.*

## 2013 Actual Revenue



## 2013 Actual Expenditures





## DEMOGRAPHICS

### *Demographics – Quick Facts from US Census Bureau 2010*

	Fond du Lac County	Wisconsin
<b>Population</b>		
Population, 2012 estimate	101,843	5,726,398
Population, percent change 2010 – 2012	0.2%	0.7%
Population, 2010	101,633 (100%)	5,686,986 (100%)
<b>Gender</b>		
Male Persons	49.1% (49,926)	49.6% (2,822,400)
Female Persons	50.9% (51,707)	50.4% (2,864,586)
<b>Age</b>		
Persons under 5 years old	5.9% (6,003)	6.3% (358,443)
Persons 5 – 19 years old	19.6% (19,975)	20.1% (1,143,753)
Persons 20 – 64 years old	59.5% (60,430)	59.9% (3,058,129)
Persons 65 years old and over	14.9% (15,225)	13.1% (777,314)
<b>Race/Ethnicity</b>		
White Persons	94.1% (95,674)	86.2% (4,902,067)
Black Persons	1.3% (1,305)	6.3% (359,148)
American Indian or Alaska Native Persons	0.5% (471)	1.0% (54,526)
Asian Persons	1.1% (1,148)	2.3% (129,234)
Persons reporting 2 or more races	1.3% (1,314)	1.8% (135,867)
Hispanic or Latino origin	4.3% (4,368)	5.9% (336,056)
<b>Education (% of persons age 25+)</b>		
High School Graduates	88.6%	89.8%
Bachelor's Degree or Higher	18.7%	26.0%
<b>Geography</b>		
Land Area (2010), square mile	719.55	54,157.80
Persons per square mile	141.2	105.0
<b>Economics</b>		
Median household income	\$52,717	\$52,374
Persons below poverty level 2007 - 2011	9.5%	12.0%

**Annual Report:**

For additional copies of this report call, 920-929-3085, or visit our website at [www.fdlco.wi.gov](http://www.fdlco.wi.gov)

**Information Sources:** Wisconsin Department of Health Services, Public Health Profiles, Fond du Lac County Health Department, US Census



**Public Health**  
Prevent. Promote. Protect.